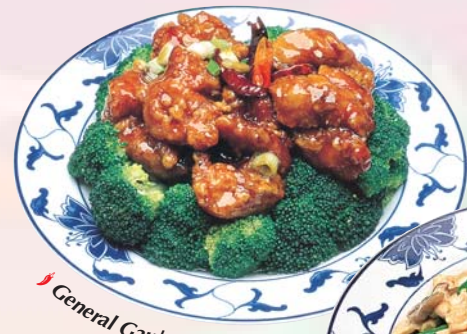
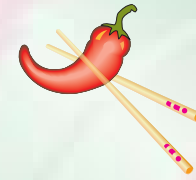


# LUNCHEON SPECIALS

(6 days a week, 11:30 AM - 3:30 PM) (closed Monday)  
Served w. Fried Rice or White Rice



General Gau's Chicken



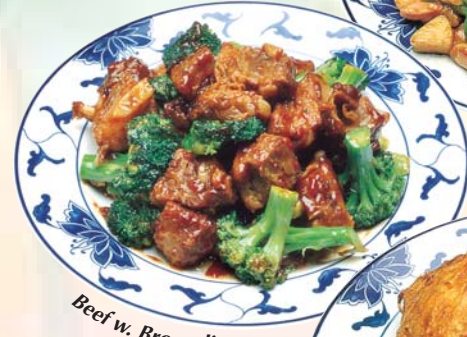
Moo Goo Gai Pan



Pepper Steak w. Onion



Kung Poo Chicken



Beef w. Broccoli



Pork Egg Foo Yong



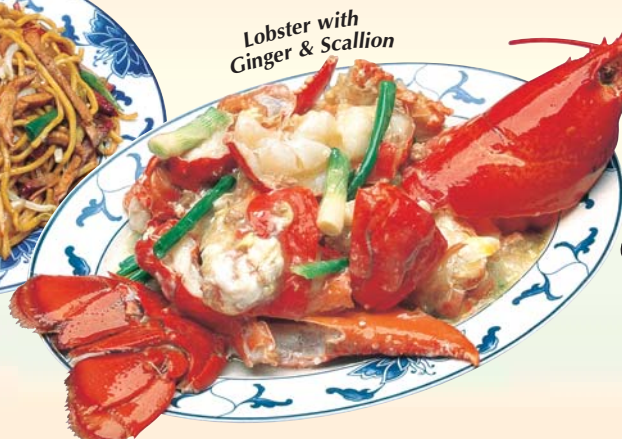
Sweet & Sour Chicken



Pork Lo Mein



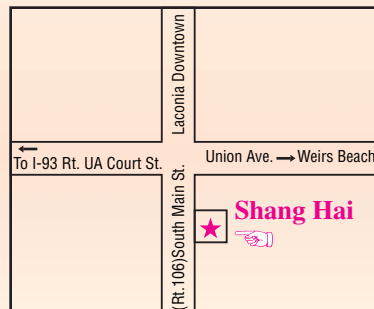
Crispy Shrimp



Lobster with  
Ginger & Scallion

	Lunch	Dinner		Lunch	Dinner
1. Chicken Chow Mein, Egg Roll .....	7.95	10.95	11. 🌶️ Kung Poo Chicken, Egg Roll .....	8.25	11.25
2. Pork Chow Mein, Chicken Wings .....	7.95	10.95	12. Mixed Vegetables, Chicken Wings .....	8.25	11.25
3. Pork Egg Foo Yong, Chicken Wings .....	8.25	11.25	13. 🌶️ General Gau's Chicken .....	8.95	11.95
4. Chicken Teriyaki, Boneless Ribs .....	8.25	11.25	14. Moo Goo Gai Pan .....	8.25	11.25
5. Pepper Steak, Egg Roll .....	8.25	11.25	15. Three Delights .....	8.95	11.95
6. Sweet & Sour Chicken or Pork, Egg Roll .....	8.25	11.25	16. Seafood Combination .....	9.25	12.25
7. Boneless Ribs, Egg Roll .....	8.25	11.25	17. Beef with Broccoli .....	8.75	11.75
8. Shrimp Lobster Sauce, Egg Roll .....	8.25	11.25	18. Shrimp with Vegetables .....	8.25	11.25
9. Crab Rangoon, Chicken Wings .....	8.25	11.25	19. 🌶️ Exotic Flavor Chicken .....	8.25	11.25
10. Chicken Fingers, Beef Teriyaki .....	8.25	11.25	20. 🌶️ Curry Chicken .....	8.25	11.25
			21. 🌶️ Chicken with Garlic Sauce .....	8.25	11.25
			22. Butterfly Shrimp .....	8.95	11.95

♥ HEALTHY 🌶️ SPICY \* VEGETARIAN



## BUFFET

Tuesday - Saturday: 11:30 AM - 3:30 PM

### ALL YOU CAN EAT

### SUNDAY ALL DAY BUFFET

### DINNER BUFFET

Tuesday - Saturday:  
3:30 pm - 8:00 pm

# SHANG HAI

## RESTAURANT

CHINESE CUISINE  
FORMERLY WEEK'S RESTAURANT



上海樓

For Orders To Go, Please Call



(603) 524-4100

331 S. Main Street  
Laconia, NH 03246

Gift CERTIFICATES Available

**OPEN:**

Tue. - Thurs.: 11:00 am - 9:00 pm  
Fri. - Sat.: 11:00 am - 9:30 pm  
Sunday: 11:00 am - 9:00 pm  
Closed Monday



## APPETIZERS

春卷	A	1.	Egg Roll (2).....	4.55
上海春卷	A	2. *	Spring Rolls (2) .....	4.55
蔥油餅	A	3. *	Pan Fried Scallion Pancakes (4) .....	5.25
鍋貼	A	4.	Pan Fried Peking Ravioli (6).....	7.95
雞條	A	5.	Fried Chicken Fingers .....	8.75
牛串	A	6.	Beef Teriyaki (6) .....	9.95
雞串	A	7.	Chicken Teriyaki (6).....	9.55
炸雞翼	A	8.	Fried Chicken Wings (6).....	9.55
素鍋貼	A	9. ♥	Vegetable Ravioli (6).....	7.55
蟹角	A	10.	Crab Rangoon (10).....	8.95
炸蝦	A	11.	Jumbo Shrimp (5) .....	8.55
無骨排	A	12.	Boneless Spareribs .....	8.95
排骨	A	13.	Barbecued Spareribs (6) .....	8.95
叉燒	A	15.	Roast Pork.....	8.95
洋葱圈	A	16.	Fried Onion Rings .....	4.95
炸薯條	A	17.	French Fries .....	4.95
芝士條	A	18.	Cheese Sticks .....	8.95
頭檯一號	A	19.	Appetizers Plate #1 .....	12.25
			Boneless Spareribs, Chicken Fingers, Beef Teriyaki, Egg Roll.	
頭檯二號	A	20.	Appetizers Plate #2 .....	12.25
			Chicken Wings, Crab Rangoon, Chicken Teriyaki, Fried Shrimp.	
寶寶盤	A	21.	Pu Pu Platter .....	(For 2) 20.95 (For 3) 29.95
			An assortment of Boneless Spareribs, Chicken Fingers, Crab Rangoon, Fried Shrimp, Chicken Wings, Beef Teriyaki, Egg Roll Served in a Flaming Hibachi.	

Additional \$2.00 for any substitutions



## COMBINATION PLATTERS

(Served with Pork Fried Rice)

A.	Egg Roll, Boneless Spareribs, Chicken Wings	11.95
B.	Egg Roll, Chicken Fingers, Boneless Spareribs	11.95
C.	Egg Roll, Fried Jumbo Shrimp, Crab Rangoon	11.95
D.	Egg Roll, Beef Teriyaki, Chicken Wings	11.95
E.	Egg Roll, Crab Rangoon, Beef Teriyaki	11.95
F.	Egg Roll, Chicken Teriyaki, Chicken Fingers	11.95
G.	Egg Roll, Beef Teriyaki, Chicken Fingers	11.95

## SOUPS

雲吞湯	SP	1.	Wonton Soup .....	3.25
酸辣羹	SP	2. ♪	Hot & Sour Soup .....	3.25
蛋花羹	SP	3.	Egg Drop Soup.....	3.25
雞絲湯	SP	4.	Chicken Noodles Soup .....	4.25
雞丁麵條湯	SP	5.	Yatka Mein Soup .....	5.95
三鮮湯	SP	6.	Three Delight Soup (for 2).....	7.95
海鮮湯	SP	7.	Seafood Special Soup (for 2) .....	9.95
			(Shrimp, scallops, crabmeat & Vegetables)	
豆腐菜湯	SP	8. *	Bean Curd & Veggies. Soup (for 2) ..	7.55

## RICE

白飯	R	1. *	Boiled White Rice .....	2.25
炒飯	R	2. *	Fried Rice .....	8.55
			Choice: Pork, Chicken, Ham or Vegetables.	
牛或蝦炒飯	R	3.	Beef or Shrimp Fried Rice.....	8.95
本樓炒飯	R	4.	House Special Fried Rice.....	10.25

## HOUSE SPECIALTIES

左宗雞	H	1. ♪	<b>General Gau's Chicken.....</b>	<b>13.55</b>
			Tender pieces of chicken, lightly battered in lotus root flour, fried until crispy, then coated with spicy sweet & sour sauce.	
陳皮雞/牛	H	2. ♪	<b>Orange Flavored Chicken or Beef .....</b>	<b>13.55</b>
			Tender pieces of chicken or beef lightly battered in lotus root flour, fried until crispy, then coated w. delicate orange sauce.	
檸檬雞	H	3.	<b>Lemon Chicken .....</b>	<b>13.25</b>
			Tender pieces of chicken, lightly battered in Chestnut flour, fried until crispy, then coated with delicious lemon sauce.	
芝蔴雞/牛	H	4. ♪	<b>Crispy Sesame Chicken or Beef</b>	<b>13.95</b>
左公蝦	H	5. ♪	<b>General Gau's Shrimp .....</b>	<b>15.55</b>
			Jumbo shrimp fried w. lightly lotus root flour with crispy, then coated w. spicy sweet & sour sauce.	
鍋燒鴨	H	6.	<b>Pressed Duck .....</b>	<b>13.95</b>
			Boneless tender duckling in an exotic brown sauce, served on a bed of lettuce w. crushed almond topping.	
素菜三樣	H	7. *	<b>Vegetable Paradise.....</b>	<b>13.95</b>
			A unique & delightful combination of 3 vegetarian favorites, bean curd Szechuan style, mixed Chinese vegs. & sauteed string beans, a dish no vegetarian can resist.	
紅燒羊	H	8. ♪	<b>Lamb Szechuan Style .....</b>	<b>13.95</b>
葱爆羊	H	9.	<b>Lamb w. Ginger &amp; Scallion .....</b>	<b>13.95</b>
龍鳳配	H	10. ♪	<b>Dragon &amp; Phoenix .....</b>	<b>15.95</b>
			A combination of 2 tasty dishes, General Gau's Chicken & Shrimp w. Garlic Sauce, lovely & tasty.	
三鮮撈麵	H	11.	<b>Chef's Lo Mein .....</b>	<b>15.95</b>
			Fresh shrimp, chicken, roast pork w. vegetable on a bed of lo mein w. Chef's special brown sauce.	
鐵板牛排	H	12.	<b>Sizzling Sirloin Steak.....</b>	<b>16.55</b>
			12 oz. Sirloin steak smothered w. vegetables in brown sauce, served on a sizzling platter at your table.	
牛排撈麵	H	13.	<b>Steak Lo Mein .....</b>	<b>16.55</b>
			Prime steak broiled to perfection & nestled on a bed of special lo mein with oyster sauce.	
炒三鮮	H	14. ♥	<b>Three Delights .....</b>	<b>13.95</b>
			Tender beef, chicken & shrimp sauteed w. broccoli, bamboo shoots, pea pods, water chestnuts in brown sauce.	
全家福	H	15.	<b>Happy Family .....</b>	<b>14.25</b>
			Fresh shrimp, roast pork, chicken, beef & scallops w. Chinese vegs. in brown sauce.	
脆皮蝦/干貝	H	16. ♪	<b>Crispy Shrimp or Scallops.....</b>	<b>15.25</b>
			Fresh shrimp or scallops cooked with lotus flour until crispy brown, the cooked with spicy sauce.	
五星拱月	H	17.	<b>Five Stars &amp; Moon .....</b>	<b>18.55</b>
			Shrimp, scallops, lobster meat, roast pork, chicken & beef mixed w. vegs. topped w. crispy chicken & surrounded by five crispy jumbo shrimp, beautiful & delicious.	
雀巢海鮮	H	18. ♥	<b>Seafood in the Nest.....</b>	<b>16.95</b>
			Lobster, crabmeat, scallops & Shrimp, lightly sauteed w. assortment of Chinese vegs. in light sauce.	
薑葱龍蝦	H	19.	<b>Lobster w. Ginger &amp; Scallion ....S.P.</b>	
			Fresh whole lobster & cut in pieces, coated with egg white & lotus flour, then sauteed with ginger & scallion, everyone's favorite.	
薑葱大蝦	H	20.	<b>Shrimp w. Ginger &amp; Scallion..</b>	<b>15.95</b>
			Cooked same as above.	
海鮮兩面黃	H	21.	<b>Crispy Seafood Noodles .....</b>	<b>15.95</b>
			Soft noodles stir fried till crispy & topped with shrimp, scallop, crab meat & fresh vegetables.	
帶子牛	H	22.	<b>Steak Kew &amp; Scallops .....</b>	<b>16.95</b>
			Steak & scallops sauteed with mushroom, pea pod, broccoli & baby corn in chef's sauce.	
魚香四寶	H	23. ♪	<b>Crow's Delight .....</b>	<b>16.95</b>
			Jumbo shrimp, sea scallop, sliced chicken & beef sauteed with tasty chef's special garlic sauce.	

♥ HEALTHY ♪ SPICY \* VEGETARIAN

All Prices Subject to New Hampshire Meal Tax  
Not Responsible for Lost Articles  
No Personal Checks Accepted  
Additional \$1.50 for any Substitutions

## BEEF

雪豆牛	B	1.	Beef with Pea Pods .....	12.75
芥蘭牛	B	2.	Beef with Broccoli .....	12.75
蔬菜牛	B	3.	Beef with Vegetables .....	12.75
青椒牛	B	4.	Beef Pepper Steak .....	12.75
魚香牛	B	5. ♪	Beef with Garlic Sauce .....	12.75
雙冬牛	B	6.	Beef with Black Mushroom & Bamboo Shoot .....	12.75
宮保牛	B	7. ♪	Kung Pao Beef .....	12.75
干燒牛肉絲	B	8. ♪	Shredded Beef Szechuan Style	12.75
磨菇牛	B	9.	Beef with Mushroom.....	12.75

素菜肉片	P	1.	Pork with Vegetables .....	11.25
葱爆肉片	P	2.	Pork with Scallions .....	11.25
宮寶肉片	P	3. ♪	Kung Pao Pork.....	11.25
魚香肉片	P	4. ♪	Pork with Garlic Sauce .....	11.25
龍糊	P	6.	Lobster Sauce.....	8.95

## PORK

磨菇雞片	CH	1. ♥	Moo Goo Gai Pan .....	11.95
芥蘭雞	CH	2. ♥	Chicken with Broccoli.....	11.95
怪味雞	CH	3. ♪	Exotic Sliced Chicken w. Veggies.....	11.95
冬菇雞片	CH	4.	Chicken with Black Mushroom..	11.95
宮保雞丁	CH	5. ♪	Kung Pao Chicken.....	11.95
腰果雞丁	CH	6.	Chicken with Cashew Nuts ..	11.95
雪豆雞丁	CH	7. ♥	Chicken with Pea Pods .....	11.95
魚香雞片	CH	8. ♪	Chicken with Garlic Sauce ....	11.95
爆雙味	CH	9. ♪	Chicken & Shrimp Szechuan Style.....	12.25
紅燒雞	CH	10.	Hon Sue Gai .....	11.95
咖喱雞	CH	11. ♪	Curry Chicken .....	11.95
豆豉雞	CH	12.	Chicken with Black Bean Sauce..	11.95

## SEAFOOD

魚香二品	S	1. ♪	Shrimp Scallop w. Garlic Sauce	14.25
蝦龍糊	S	2.	Shrimp with Lobster Sauce	13.55
蔬菜蝦	S	3. ♥	Shrimp with Vegetable .....	13.55
紅燒蝦	S	4.	Butterfly Shrimp with Veggies.	13.55
芥蘭蝦	S	5. ♥	Shrimp with Broccoli.....	13.55
咖喱蝦	S	6. ♪	Curry Shrimp .....	13.55
雪豆蝦	S	7. ♥	Shrimp with Pea Pod .....	13.55
魚香蝦	S	8. ♪	Shrimp with Garlic Sauce ....	13.55
腰果蝦	S	9.	Shrimp with Cashew Nuts ..	13.55
宮保蝦	S	10. ♪	Kung Pao Shrimp.....	13.55
怪味蝦	S	11. ♪	Exotic Flavor Shrimp .....	13.55
蔬菜干貝	S	12. ♥	Scallop with Vegetable .....	13.55
宮保干貝	S	13. ♪	Kung Pao Scallop.....	13.55
魚香干貝	S	14. ♪	Scallop with Garlic Sauce ....	13.55
蔬菜龍蝦	S	15. ♥	Lobster with Vegetable ..	Seasonal
龍蝦糊	S	16.	Lobster Chinese Style ....	Seasonal
海鮮大會	S	17. ♥	Seafood Combination .....	16.95
			Tender lobster meat, scallop, shrimp, crabmeat & vegs.	
豆豉蝦	S	18.	Shrimp with Black Bean Sauce	13.55

## SWEET & SOUR

甜酸雞	S	1.	Sweet & Sour Chicken .....	12.55
甜酸蝦	S	2.	Sweet & Sour Shrimp .....	13.55
甜酸大會	S	3.	Sweet & Sour Combo .....	13.95

## BEAN CURD & VEGETABLES

羅漢齋	V	1. *	Buddha's Delight .....	10.55
素什錦	V	2. *	Mixed Vegetables .....	10.55
麻辣四季豆	V	3. ♪	Hot Spicy String Beans .....	10.55
魚香芥蘭	V	4. ♪	Broccoli in Garlic Sauce .....	10.55
紅燒豆腐	V	5. *	Braised Bean Curd .....	10.55
家常豆腐	V	7. ♪	House Style Bean Curd .....	10.55
蔬菜油豆腐	V	8. *	Fried Bean Curd with Veggies.....	10.55
蔬菜雞	V	9. *	Vegetarian Chicken .....	13.55
蔬菜牛	V	10. *	Vegetarian Beef .....	13.95
蔬菜左公雞	V	11. ♪	Vegetarian General Gao's Chicken .....	15.25

## MOO SHI STYLE

素菜木須	MS	1. *	Moo Shi Vegetables .....	9.95
木須雞/肉	MS	2.	Moo Shi Chicken or Pork.....	10.55
木須蝦/牛	MS	3.	Moo Shi Shrimp or Beef .....	10.95
本樓木須	MS	4.	Moo Shi Special .....	11.95

## EGG FOO YONG

素菜蓉蛋	E	1. *	Vegetables Egg Foo Yong .....	9.55
肉/雞火蓉蛋	E	2.	Pork, Chicken or Ham Egg Foo Yong.....	10.25
牛/蝦蓉蛋	E	3.	Beef or Shrimp Egg Foo Yong	11.25

## CHOW MEIN

素菜炒麵	CM	1. *	Vegetables Chow Mein .....	8.95
肉雞炒麵	CM	2.	Pork or Chicken Chow Mein	10.25
牛或蝦炒麵	CM	3.	Beef or Shrimp Chow Mein	10.95
本樓炒麵	CM	4.	House Special Chow Mein....	11.55

## LO MEIN

素撈麵	LM	1. *	Vegetables Lo Mein .....	8.95
肉或雞撈麵	LM	2.	Pork or Chicken Lo Mein .....	9.95
牛或蝦撈麵	LM	3.	Beef or Shrimp Lo Mein .....	10.25
本樓撈麵	LM	4.	House Special Lo Mein .....	10.95

## GLUTEN FREE MENU

Prices Are The Same As Regular Menu Items

<b>Appetizers</b>	Chicken Teriyaki Beef Teriyaki Chicken Tenders "Lotus Flour"
<b>Soups</b>	Chicken with Rice Noodles Soup Chicken with Rice Soup Tofu with Vegetable Soup Three Delight Soup
<b>Dinners</b>	Crispy Sesame Beef Lightly coated with lotus flour Crispy Lemon Chicken Lotus flour Happy Family Gluten free soy sauce Chicken w. Vegetables White fried rice w. choice of chicken, ham, beef, pork, shrimp, vegetables House Special Fried Rice Curry Rice Noodles w. Choice of chicken, ham, beef, pork, shrimp, vegetables House Special Curry Rice Noodles