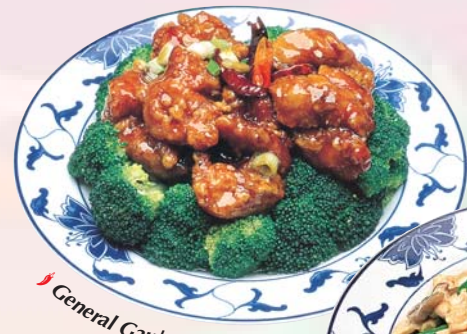
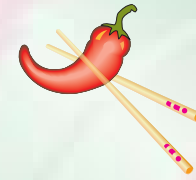


LUNCHEON SPECIALS

(6 days a week, 11:30 AM - 3:30 PM) (closed Monday)
Served w. Fried Rice or White Rice



General Gau's Chicken



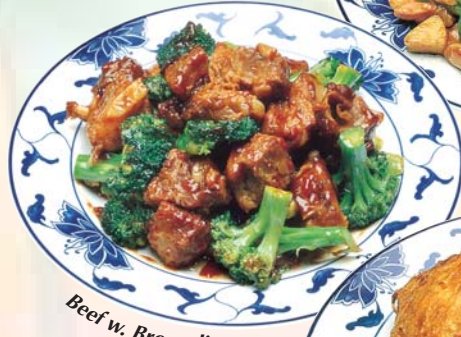
Moo Goo Gai Pan



Pepper Steak w. Onion



Kung Poo Chicken



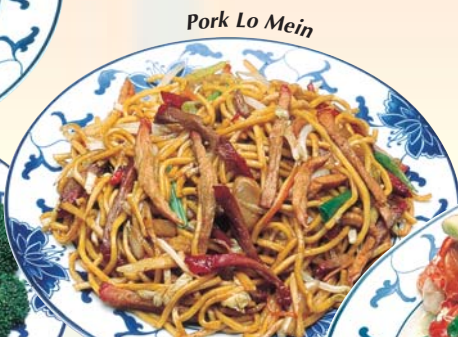
Beef w. Broccoli



Pork Egg Foo Yong



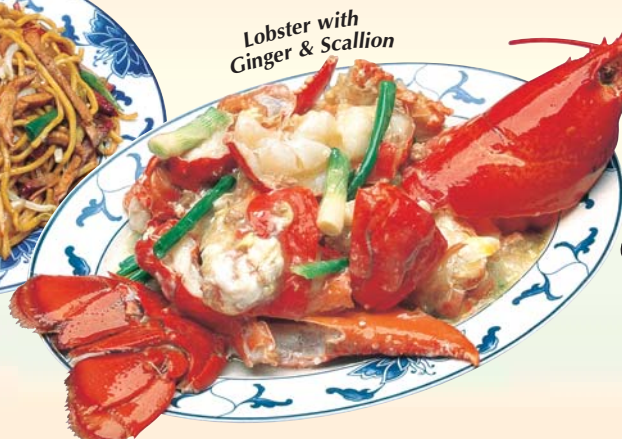
Sweet & Sour Chicken



Pork Lo Mein



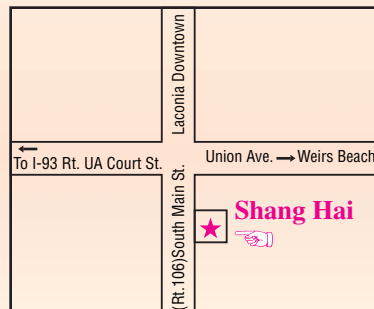
Crispy Shrimp



Lobster with
Ginger & Scallion

	Lunch	Dinner		Lunch	Dinner
1. Chicken Chow Mein, Egg Roll	8.55	11.55	11. Kung Poo Chicken, Egg Roll	8.95	11.95
2. Pork Chow Mein, Chicken Wings	8.55	11.55	12. Mixed Vegetables, Chicken Wings	8.95	11.95
3. Pork Egg Foo Yong, Chicken Wings	8.95	11.95	13. General Gau's Chicken	9.55	12.55
4. Chicken Teriyaki, Boneless Ribs	8.95	11.95	14. Moo Goo Gai Pan	8.95	11.95
5. Pepper Steak, Egg Roll	8.95	11.95	15. Three Delights	9.55	12.55
6. Sweet & Sour Chicken, Egg Roll	8.95	11.95	16. Seafood Combination	9.95	12.95
7. Boneless Ribs, Egg Roll	8.95	11.95	17. Beef with Broccoli	9.25	12.25
8. Shrimp Lobster Sauce, Egg Roll	8.95	11.95	18. Shrimp with Vegetables	8.95	11.95
9. Crab Rangoon, Chicken Wings	8.95	11.95	19. Exotic Flavor Chicken	8.95	11.95
10. Chicken Fingers, Beef Teriyaki	8.95	11.95	20. Curry Chicken	8.95	11.95
			21. Chicken with Garlic Sauce	8.95	11.95

♥ HEALTHY ♪ SPICY * VEGETARIAN



BUFFET

Tuesday - Saturday: 11:30 AM - 3:30 PM

ALL YOU CAN EAT

SUNDAY ALL DAY BUFFET

DINNER BUFFET

Tuesday - Saturday:
3:30 pm - 8:00 pm

SHANG HAI

RESTAURANT

CHINESE CUISINE
FORMERLY WEEK'S RESTAURANT



上海樓

For Orders To Go, Please Call



(603) 524-4100

331 S. Main Street
Laconia, NH 03246

Gift CERTIFICATES Available

OPEN:

Tue. - Thurs.: 11:00 am - 9:00 pm
Fri. - Sat.: 11:00 am - 9:30 pm
Sunday: 11:00 am - 9:00 pm
Closed Monday

APPETIZERS

- 春卷 A 1. Egg Roll (2)4.75
- 上海春卷 A 2. * Spring Rolls (2)4.75
- 蔥油餅 A 3. * Pan Fried Scallion Pancakes (4) 5.95
- 鍋貼 A 4. Pan Fried Peking Ravioli (6) ..8.75
- 雞條 A 5. Fried Chicken Fingers9.25
- 牛串 A 6. Beef Teriyaki (5)10.55
- 雞串 A 7. Chicken Teriyaki (5).....9.95
- 炸雞翼 A 8. Fried Chicken Wings (5)10.25
- 素鍋貼 A 9. ♥ Vegetable Ravioli (6)8.25
- 蟹角 A 10. Crab Rangoon (8).....9.55
- 炸蝦 A 11. Jumbo Shrimp (5)9.55
- 無骨排 A 12. Boneless Spareribs9.95
- 排骨 A 13. Barbecued Spareribs (5)9.95
- 洋葱圈 A 14. Fried Onion Rings5.55
- 炸薯條 A 15. French Fries5.55
- 芝士條 A 16. Cheese Sticks8.95
- 頭檯一號 A 17. Appetizers Plate #113.95
Boneless Spareribs, Chicken Fingers, Beef Teriyaki, Egg Roll.
- 頭檯二號 A 18. Appetizers Plate #213.95
Chicken Wings, Crab Rangoon, Chicken Teriyaki, Fried Shrimp.
- 實實盤 A 19. Pu Pu Platter(For 2) 22.95 (For 3) 32.95
An assortment of Boneless Spareribs, Chicken Fingers, Crab Rangoon, Fried Shrimp, Chicken Wings, Beef Teriyaki, Egg Roll Served in a Flaming Hibachi.



COMBINATION PLATTERS
(Served with Pork Fried Rice)

- A. Egg Roll, Boneless Spareribs, Chicken Wings 12.95
- B. Egg Roll, Chicken Fingers, Boneless Spareribs 12.95
- C. Egg Roll, Fried Jumbo Shrimp, Crab Rangoon 12.95
- D. Egg Roll, Beef Teriyaki, Chicken Wings12.95
- E. Egg Roll, Crab Rangoon, Beef Teriyaki12.95
- F. Egg Roll, Chicken Teriyaki, Chicken Fingers 12.95
- G. Egg Roll, Beef Teriyaki, Chicken Fingers....12.95

SOUPS

- 雲吞湯 SP 1. Wonton Soup3.55
- 酸辣羹 SP 2. ♣ Hot & Sour Soup3.55
- 蛋花羹 SP 3. Egg Drop Soup.....3.55
- 雞絲湯 SP 4. Chicken Noodles Soup4.55
- 雞丁麵條湯 SP 5. Yatka Mein Soup6.25
- 三鮮湯 SP 6. Three Delight Soup (for 2)8.25
- 海鮮湯 SP 7. Seafood Special Soup (for 2)..10.55
(Shrimp, scallops, crabmeat & Vegetables)
- 豆腐菜湯 SP 8. * Bean Curd & Veggies. Soup (for 2) ..7.95

RICE

- 白飯 R 1. * Boiled White Rice2.25
- 炒飯 R 2. * Fried Rice8.95
Choice: Pork, Chicken, Ham or Vegetables.
- 牛或蝦炒飯 R 3. Beef or Shrimp Fried Rice.....9.25
- 本樓炒飯 R 4. House Special Fried Rice.....10.95

HOUSE SPECIALTIES

- 左宗雞 H 1. ♣ **General Gau's Chicken.....13.95**
Tender pieces of chicken, lightly battered in lotus root flour, fried until crispy, then coated with spicy sweet & sour sauce.
- 陳皮雞/牛 H 2. ♣ **Orange Flavored Chicken or Beef13.95**
Tender pieces of chicken or beef lightly battered in lotus root flour, fried until crispy, then coated w. delicate orange sauce.
- 檸檬雞 H 3. **Lemon Chicken14.25**
Tender pieces of chicken, lightly battered in Chestnut flour, fried until crispy, then coated with delicious lemon sauce.
- 芝蔴雞/牛 H 4. ♣ **Crispy Sesame Chicken or Beef 14.95**
- 左公蝦 H 5. ♣ **General Gau's Shrimp15.95**
Jumbo shrimp fried w. lightly lotus root flour with crispy, then coated w. spicy sweet & sour sauce.
- 素菜三樣 H 6. * **Vegetable Paradise.....14.55**
A unique & delightful combination of 3 vegetarian favorites, bean curd Szechuan style, mixed Chinese vegg. & sauteed string beans, a dish no vegetarian can resist.
- 龍鳳配 H 7. ♣ **Dragon & Phoenix16.55**
A combination of 2 tasty dishes, General Gau's Chicken & Shrimp w. Garlic Sauce, lovely & tasty.
- 三鮮撈麵 H 8. **Chef's Lo Mein16.55**
Fresh shrimp, chicken, roast pork w. vegetable on a bed of lo mein w. Chef's special brown sauce.
- 鐵板牛排 H 9. **Sizzling Sirloin Steak.....16.95**
12 oz. Sirloin steak smothered w. vegetables in brown sauce, served on a sizzling platter at your table.
- 牛排撈麵 H 10. **Steak Lo Mein16.95**
Prime steak broiled to perfection & nestled on a bed of special lo mein with oyster sauce.
- 炒三鮮 H 11. ♥ **Three Delights14.25**
Tender beef, chicken & shrimp sauteed w. broccoli, bamboo shoots, pea pods, water chestnuts in brown sauce.
- 全家福 H 12. **Happy Family14.95**
Fresh shrimp, roast pork, chicken, beef & scallops w. Chinese vegg. in brown sauce.
- 脆皮蝦/干貝 H 13. ♣ **Crispy Shrimp or Scallops.....15.95**
Fresh shrimp or scallops cooked with lotus flour until crispy brown, the cooked with spicy sauce.
- 五星拱月 H 14. **Five Stars & Moon18.95**
Shrimp, scallops, lobster meat, roast pork, chicken & beef mixed w. vegg. topped w. crispy chicken & surrounded by five crispy jumbo shrimp, beautiful & delicious.
- 雀巢海鮮 H 15. ♥ **Seafood in the Nest17.55**
Lobster, crabmeat, scallops & Shrimp, lightly sauteed w. assortment of Chinese vegg. in light sauce.
- 薑葱龍蝦 H 16. **Lobster w. Ginger & ScallionS.P.**
Fresh whole lobster & cut in pieces, coated with egg white & lotus flour, then sauteed with ginger & scallion, everyone's favorite.
- 薑葱大蝦 H 17. **Shrimp w. Ginger & Scallion..16.55**
Cooked same as above.
- 海鮮兩面黃 H 18. **Crispy Seafood Noodles16.55**
Soft noodles stir fried till crispy & topped with shrimp, scallop, crab meat & fresh vegetables.
- 帶子牛 H 19. **Steak Kew & Scallops17.55**
Steak & scallops sauteed with mushroom, pea pod, broccoli & baby corn in chef's sauce.
- 魚香四寶 H 20. ♣ **Crow's Delight.....17.55**
Jumbo shrimp, sea scallop, sliced chicken & beef sauteed with tasty chef's special garlic sauce.

♥ **HEALTHY** ♣ **SPICY** * **VEGETARIAN**

*All Prices Subject to New Hampshire Meal Tax
Not Responsible for Lost Articles
No Personal Checks Accepted
Additional \$1.50 for any Substitutions*

BEEF

- 雪豆牛 B 1. Beef with Pea Pods13.75
- 芥蘭牛 B 2. Beef with Broccoli13.75
- 蔬菜牛 B 3. Beef with Vegetables13.75
- 青椒牛 B 4. Beef Pepper Steak13.75
- 魚香牛 B 5. ♣ Beef with Garlic Sauce13.75
- 宮保牛 B 6. ♣ Kung Pao Beef13.75
- 干燒牛肉絲 B 7. ♣ Shredded Beef Szechuan Style 13.75
- 磨菇牛 B 8. Beef with Mushroom.....13.75

PORK

- 素菜肉片 P 1. Pork with Vegetables11.95
- 葱爆肉片 P 2. Pork with Scallions11.95
- 宮寶肉片 P 3. ♣ Kung Pao Pork.....11.95
- 魚香肉片 P 4. ♣ Pork with Garlic Sauce11.95
- 龍糊 P 5. Lobster Sauce.....9.25

CHICKEN

- 磨菇雞片 CH 1. ♥ Moo Goo Gai Pan12.95
- 芥蘭雞 CH 2. ♥ Chicken with Broccoli12.95
- 怪味雞 CH 3. ♣ Exotic Sliced Chicken w. Vegg. 12.95
- 宮保雞丁 CH 4. ♣ Kung Pao Chicken12.95
- 腰果雞丁 CH 5. Chicken with Cashew Nuts ..12.95
- 雪豆雞丁 CH 6. ♥ Chicken with Pea Pods12.95
- 魚香雞片 CH 7. ♣ Chicken with Garlic Sauce ..12.95
- 紅燒雞 CH 8. Hon Sue Gai12.95
- 咖喱雞 CH 9. ♣ Curry Chicken12.95

SEAFOOD

- 魚香二品 S 1. ♣ Shrimp Scallop w. Garlic Sauce 14.95
- 蝦龍糊 S 2. Shrimp with Lobster Sauce 14.55
- 蔬菜蝦 S 3. ♥ Shrimp with Vegetable14.55
- 紅燒蝦 S 4. Butterfly Shrimp with Vegg. 14.55
- 芥蘭蝦 S 5. ♥ Shrimp with Broccoli.....14.55
- 咖喱蝦 S 6. ♣ Curry Shrimp14.55
- 雪豆蝦 S 7. ♥ Shrimp with Pea Pod14.55
- 魚香蝦 S 8. ♣ Shrimp with Garlic Sauce14.55
- 腰果蝦 S 9. Shrimp with Cashew Nuts ..14.55
- 宮保蝦 S 10. ♣ Kung Pao Shrimp.....14.55
- 怪味蝦 S 11. ♣ Exotic Flavor Shrimp14.55
- 蔬菜干貝 S 12. ♥ Scallop with Vegetable14.55
- 魚香干貝 S 13. ♣ Scallop with Garlic Sauce14.55
- 蔬菜龍蝦 S 14. ♥ Lobster with Vegetable ..Seasonal

BEAN CURD & VEGETABLES

- 羅漢齋 V 1. * Buddha's Delight11.25
- 素什錦 V 2. * Mixed Vegetables11.25
- 麻辣四季豆 V 3. ♣ Hot Spicy String Beans11.25
- 魚香芥蘭 V 4. ♣ Broccoli in Garlic Sauce11.25
- 紅燒豆腐 V 5. * Braised Bean Curd11.25
- 家常豆腐 V 6. ♣ House Style Bean Curd11.25
- 蔬菜油豆腐 V 7. * Fried Bean Curd with Vegg. ..11.25
- 蔬菜雞 V 8. * Vegetarian Chicken13.95
- 蔬菜牛 V 9. * Vegetarian Beef14.55
- 蔬菜左公雞 V 10. ♣ Vegetarian General Gao's Chicken15.95

SWEET & SOUR

- 甜酸雞 S 1. Sweet & Sour Chicken.....12.95
- 甜酸蝦 S 2. Sweet & Sour Shrimp13.95

MOO SHI STYLE

- 素菜木須 MS 1. * Moo Shi Vegetables10.25
- 木須雞/肉 MS 2. Moo Shi Chicken or Pork.....10.95
- 木須蝦/牛 MS 3. Moo Shi Shrimp or Beef11.55
- 本樓木須 MS 4. Moo Shi Special.....12.55

EGG FOO YONG

- 素菜蓉蛋 E 1. * Vegetables Egg Foo Yong9.95
- 肉/雞火蓉蛋 E 2. Pork, Chicken or Ham Egg Foo Yong.....10.95
- 牛/蝦蓉蛋 E 3. Beef or Shrimp Egg Foo Yong ..11.95

CHOW MEIN

- 素菜炒麵 CM 1. * Vegetables Chow Mein9.55
- 肉雞炒麵 CM 2. Pork or Chicken Chow Mein 10.95
- 牛或蝦炒麵 CM 3. Beef or Shrimp Chow Mein ..11.55
- 本樓炒麵 CM 4. House Special Chow Mein ..12.25

LO MEIN

- 素撈麵 LM 1. * Vegetables Lo Mein9.55
- 肉或雞撈麵 LM 2. Pork or Chicken Lo Mein10.55
- 牛或蝦撈麵 LM 3. Beef or Shrimp Lo Mein10.95
- 本樓撈麵 LM 4. House Special Lo Mein11.55

GLUTEN FREE MENU

- Appetizers** Chicken Teriyaki (5)10.25
- Beef Teriyaki (5)10.55
- Chicken Tenders "Lotus Flour"10.55
- Soups** Chicken with Rice Noodles Soup4.55
- Chicken with Rice Soup4.25
- Tofu with Vegetable Soup.....7.95
- Three Delight Soup8.55
- Dinners** Crispy Sesame Beef14.95
Lightly coated with lotus flour
- Crispy Lemon Chicken Lotus flour14.55
- Happy Family Gluten free soy sauce15.95
- Chicken w. Vegetables12.95
- White Fried Rice w. beef or shrimp.....9.25
- White Fried Rice w. choice of chicken, pork, vegetables or ham.....8.95
- House Special White Fried Rice11.95
- Curry Rice Noodles w. beef or shrimp ..10.95
- Curry Rice Noodles w. choice of chicken, pork, vegetables or ham10.55
- House Special Curry Rice Noodles ..11.55
- Gluten Free General Tso's Chicken ..16.25